

4 Comfort – Estriol Cream

The ways women experience hormone imbalances are as varied as women themselves. Symptoms can be physical, mental, emotional, or more likely a combination of them all. Many women experience an estrogen deficiency symptom like vaginal dryness. No one is in the mood if there is resulting pain and discomfort from sexual activity due to vaginal dryness. Estriol is an excellent remedy for this occurrence, as it directly addresses the dryness and does not increase the estrogen dominance symptoms like conventional estrogen replacement therapies.

What are Bioidentical Hormones?

Bioidentical hormones have become very popular since the World Health Initiative (WHI) halted their research revealing that without question, synthetic HRT (combination of medroxy progesterone and pregnant mare's urine conjugated estrogens; prempo), which women had used for decades, increased the risk of breast cancer, caused more heart disease and more osteoporosis (2002). Bioidentical (human identical) hormones are dramatically different from the synthetic HRT utilized in the WHI. Bioidentical hormones mimic in structure and action, the hormones your body makes, (same molecular composition). The body recognizes the molecular structure of hormones it produces, and thus these hormones fill the receptor sites efficiently and appropriately-(just like a key that is made for a specific lock). Bioidentical hormones have a directed and intentional action and then are broken down and detoxified cleanly and effectively.

Estroil Moisturizing Cream

4 Comfort is formulated to assist in addressing issues resulting from estrogen deficiency and helping resolve vaginal dryness. This moisturizing formula is designed for women of all ages with dryness and discomfort. Conveniently packaged in an airless metered pump which reduces oxidation and maintains potency, this product delivers an evenly measured amount with each pump. 1 pump is equivalent to .75 milliliter (mL) – 1.4 mg estroil, 60-70 pumps per container.

Ingredients

Deionized Water, Caprylic/capric Triglyceride, Polyacrylamide, C 13-14 Isoparaffin, Laureth-7, Phenoxyethanol, Grapefruit Seed Extract, Aloe Barbadensis Leaf Juice, Potassium Sorbate, Estriol, Tocopheryl Acetate.

Directions

Apply a small amount to fingertip and insert into and outside vagina daily for the first week and then 2-3x per week thereafter or as directed by your provider.

Safety Information

Keep out of reach of children. For external use only. Avoid contact with eyes. Do not exceed recommended use. If you have any medical conditions, consult with your physician prior to using this product.