

**Herbal Adrenal Support Formula®**  
by Future Formulations

**"I originally created Herbal Adrenal Support Formula® to help vegetarians with adrenal fatigue and to improve their ability to handle stress.\* To my surprise many others, including non-vegetarians and peri-menopausal, menopausal and postmenopausal women, have also commented on how well they sleep and how balanced they feel throughout the day with this formula.\* I am very happy it has helped such a broad range of people enhance their ability to withstand stress and adrenal fatigue."\* Dr. James L. Wilson**

Your body responds in the same way to every stress you experience, from vigorous exercise to injury, from relationship woes to poor diet. The key to maintaining your health during periods of stress is to support healthy function in your adrenal glands.\* These tiny but vital glands produce hormones such as cortisol and adrenaline that affect almost every part of your body, impact how you think and feel, and keep you going when you experience stress. Stress can deplete your adrenal reserves, resulting in adrenal fatigue.\* Not only does this produce unexplained tiredness, but also can noticeably affect blood sugar, immune function, mood, PMS, menopause, and sleep, among other things.

Herbal Adrenal Support Formula® is scientifically designed to help sustain adrenal function during stress, and to support a healthy output of adrenal hormones, including cortisol.\* Dr. Wilson brought together herbs from 4 different continents that have been shown to optimally support proper function of the organs and glands most depleted by stress.\* He combined precise proportions of these organically grown, adaptogenic herbs into an easy to take liquid supplement designed to optimize their effectiveness.\* Each herb in this formula has been shown to nourish and help replenish the adrenal glands without over-stimulating them.\* Together, these herbs team up to help protect you from the daily assault stress makes on your body and mind.\* Herbal Adrenal Support Formula® is a safe, effective product based on scientific research that has been used successfully by people experiencing stress, adrenal fatigue and menopause.\*

**Ingredients** - A proprietary liquid formula containing the following organically grown herbs: maca, licorice, ashwagandha and Siberian ginseng. Because this is an herbal tincture, this formula is in a base of 25% ethanol.

**Directions for use** – 10 drops in non-citrus juice or water on rising and at night before bedtime -preferably on an empty stomach.

**Quality and purity** - Herbal Adrenal Support Formula® is made of natural ingredients. It contains NO animal products, milk/dairy, eggs, sugar, yeast, corn, wheat, gluten, soy, or artificial colors, flavors or preservatives.