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MagneSul Topical Cream (4oz)

Magnesium sulfate, otherwise known as Epsom Salts, has been valued for many years because of its diverse benefits. Rich in both magnesium and sulfur compounds, epsom salts and epsom salt soaks and baths have been used for a multitude of different situations to stimulate detoxification, reduce inflammation of sore muscles, promote healthy circulation, and help with relaxation and normalizing sleep patterns.

Women's magnesium and other nutrients may dip just prior to menstruation. A drop in estrogen causes an enhancement of magnesium utilization and uptake by soft tissue and bone. Magnesium deficiency has been linked to migraines, anxiety and depression, water retention, back pain, cramps and many other conditions that are often thought to make up premenstrual syndrome (with or without migraines).

MagneSul Cream offers a more convenient and easy way to obtain the benefits of Epsom Salt baths without the need to take the time and effort on a daily basis to soak in a bathtub. This formula is a true transdermal cream containing a special liposome allowing it to easily pass through the skin tissue and release the magnesium sulfate gradually into the body. Effective for muscle cramps, tight muscles and restless leg syndrome. Magnesium Sulfate has been reported to alleviate pain from fibromyalqia and osteoporosis.

Other reported indications for topical use are:

- * Magnesium sulfate paste has been used as an agent for dehydrating (drawing) boils, carbuncles, and abscesses.
- * Magnesium sulfate solution has also been shown to be an effective aid in the fight against blemishes and acne when applied directly to problematic areas, usually in poultice form. If combined with water and made into a cream, it can be applied to the face to remove blackheads.
- * Magnesium sulfate, when used through soaking, can soothe muscle pains and help improve rough patches in the skin.
- * There have been cases in which magnesium gave prompt relief to asthma symptoms, reduced swelling and may benefit autistic individuals.

Suggested Use

One pump of cream per application usually to the affected muscle cramp, or can be apply to the back, soles of feet, shoulders, though any extensive body area is satisfactory for the cream to get generally into the body. Cream may be applied three to four times daily (not to exceed 15 pumps) or as recommended by your physician.

For relief of an acute migraine, apply cream to your temples or back of neck. For Relief of Restless Leg – apply to legs before bedtime.

Ingredients: Deionized Water, Medium Chain Triglycerides, Behentrimonium Methosulfate, Cetearyl Alcohol, Magnesium Sulfate, Shea Butter, Cetyl Alcohol, Lecithin, Stearic Acid, Sodium Hydroxymethylglycinate, Potassium Sorbate, and Xanthan Gum.

Net Contents: 4 oz (57g) - 77 mg Magnesium Sulfate per pump - 70 pumps per container

Store in a cool dry place out of sunlight.

Keep out of reach of children.

Discontinue use immediately if skin irritation becomes evident.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.